

Overview

Prescription drug costs continue to rise faster than any other health care expense. The State of Nebraska and Blue Cross and Blue Shield of Nebraska are partnering to offer you a tablet-splitting program to help reduce your out-of-pocket expenses at the pharmacy. The Tablet Splitting Program, available only to State of Nebraska employees and their eligible dependents, is completely voluntary.

What is the Tablet Splitting Program?

The Tablet Splitting Program is designed to save you money on certain prescription medications. Participation is voluntary. The table in this brochure lists the drugs that are eligible for this program. If you decide to participate, you will receive discounted copays for those drugs. The drugs eligible for the Tablet Splitting Program have been selected because they are safe to split without jeopardizing quality or effectiveness.

Do I have to participate in this program?

No. This is a voluntary program. You are not required to participate. However, this program offers a way to help reduce your out-of-pocket expenses for prescription drugs.

Who is eligible?

This program is available only to State of Nebraska employees and their eligible dependents.

How can I receive a discounted copay at the pharmacy?

To participate in the Tablet Splitting Program, ask your doctor for a new prescription that is double your regular prescription strength, but only half the number of tablets. At the pharmacy, you will pay a \$17 copay — \$10 less than your regular copay amount! For example:

Current Retail Prescription	=	New Retail Prescription
30 tablets of 50 mg Zoloft		15 tablets of 100 mg Zoloft
\$27 copay		\$17 copay

At home, split the tablets in half as you need them and take one-half tablet daily as directed by your physician.

Can I go to any pharmacy?

Yes. You may use any Blue Cross and Blue Shield of Nebraska participating pharmacy.

THESE MEDICATIONS ARE INCLUDED IN THE TABLET SPLITTING PROGRAM

Your Current Prescription	Ask Your Doctor for a New Prescription
You're Taking One Tablet Daily	Then Take One-Half Tablet Daily
Zoloft 50 mg	Zoloft 100 mg
Celexa 10 mg	Celexa 20 mg
Celexa 20 mg	Celexa 40 mg
Lexapro 10 mg	Lexapro 20 mg
Lipitor 10 mg	Lipitor 20 mg
Lipitor 20 mg	Lipitor 40 mg

Voluntary program available to State of Nebraska employees and their eligible dependents.

Can I get discounts on my mail-order prescriptions?

Yes. Mail order prescriptions are also eligible for discounts. A typical mail order copay for a 180-day prescription is \$62.91. Under the Tablet Splitting Program, you'll pay only \$42.91 for a 180-day prescription.

Do I get a discounted copay on refills?

Yes. You will receive a discounted copay on every prescription, including refills, that is eligible for the Tablet Splitting Program.

If I take more than one eligible drug, can I get a discounted copay for each drug?

Yes. You will receive a discounted copay for each prescription you use that is eligible for this program.

The Tablet Splitting Program offers you a way to reduce your out-of-pocket expenses on certain prescription medications.



See inside for list of eligible medications.



STATE OF NEBRASKA

TAKE ADVANTAGE OF THE TABLET SPLITTING PROGRAM



 **BlueCross BlueShield
of Nebraska**

An Independent Licensee of the Blue Cross and Blue Shield Association